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Heartland Mensa Region 7



The year is wrapping up. Persephone is in Hades' embrace as we slowly move towards the equinox when light starts coming back into our days. Soon we will be turning the page on 2025. It's a time where we can look back at what we've accomplished in the last year and look forward to what we can do with 2026. Keep Mensa in your thoughts as we plan ahead for growth. How can we reach out in our communities to encourage interest in the organization and get people taking tests? How can we create environments welcoming and engaging for Millennials and Gen Z? Right now, they make up only about 22% of our membership.

If you have time and want to learn more about what you can do, please visit the Leadership Workshops section of the American Mensa website, under the "Learn" menu. There are six presentations currently planned as part of the Level Up! series. January has a course in Engineering Empathy in Your Organization. February is about Rewriting the Gifted Identity to Prevent Burnout, and the March topic is Lead with Relationship. If you can't make the date for these presentations, there are eleven leadership development tracks you can follow on the website to learn more. If you have any questions or want to learn more, you can reach out to me or to your local leadership. I don't always have the right answer, but I can usually help you find someone who does.

The Mensa Foundation is also a great organization to review as we wrap up the year. Visit mensafoundation.org for more information. They don't just run scholarships. There are Excellence in Reading and Excellence in Science programs that can be introduced to younger groups. You can look at the Mensa Research Journal, or read about their current initiatives. One thing they've been exploring is an AI-mentor developed around the needs of gifted and neurodivergent people. There is fascinating potential in what they're working on, and I'm really excited to see how that develops in the coming months.

~ Curt